

SPF Application for Prevention Success Training

WHEN AND WHERE

Aug.11 – Aug. 14, 2025 – IN PERSON (CANCELLED)

Hampton Inn Suites, Okemos, MI

8:30 a.m. – 4:30 p.m.

Aug. 19- 20 and Aug. 26-27, 2025 – VIRTUAL

VIRTUAL ONLY

8:00 a.m. – 1 p.m. (with mandatory additional homework after each session)

REGISTRATION COST:

\$70 includes materials (and for in-person), Coffee and lunch.

WHO SHOULD ATTEND?

Substance misuse prevention practitioners, coalition coordinators, and community prevention partners.

ONLINE COURSE

NOTE: Participants will need to complete a virtual pre-course session, before attending the in-person or virtual training.

QUESTIONS?

Contact

Jodi Hammond at

jhammond@cmham.org

or 517-374-6848

This event is supported by the Michigan Department of Health and Human Services through federal funding and facilitated by Community Mental Health Association of Michigan.

WHO SHOULD ATTEND?

Substance misuse prevention practitioners, coalition coordinators, community prevention partners.

COURSE DESCRIPTION

The goal of the SPF Application for Prevention Success training is to develop the basic knowledge and skills needed by substance misuse prevention practitioners to plan, implement, and evaluate effective, data-driven programs and practices that reduce behavioral health disparities and improve wellness. The SPF Application for Prevention Success training introduces the fundamentals of substance misuse prevention based on the current knowledge and practice in the field. This training is designed to prepare preventionists to reduce the likelihood of substance misuse and promote well-being among individuals, and within families, workplaces, schools, and communities. While the focus is primarily on preventing alcohol, cannabis, tobacco, and drug misuse, the approach to prevention presented in this training is applicable to other behavioral health issues as well.

The SPF Application for Prevention Success is a four-day training course based on The Strategic Prevention Framework (SPF), a data-driven planning process which aims to ensure that substance misuse prevention programs can and do produce results. The five steps and two guiding principles of the SPF (assessment, capacity, planning, implementation and evaluation plus cultural competence and sustainability) offer prevention planners a comprehensive approach to understand and address substance misuse and related behavioral health problems facing their communities. Various interactive activities will help participants to understand the foundation of prevention and the SPF steps and guiding principles, and a community case study will help participants apply the framework components to a community setting.

REQUIRED PRIOR TO ATTENDING SAPST TRAINING

Participants will need to complete a virtual pre-course session (approximately 5 hours). The registration confirmation will include instructions for accessing the information to finish the course and receive a certificate of completion. Completion of this course is required before the start of either the virtual or in-person training. A refund will not be given if a participant elects to leave the training due to this requirement.

Important Note for Virtual SAPST Participants: Please note that the assignment will be sent one week before the training begins.

Participants attending the virtual SAPST are required to complete **additional homework prior to the first session**. This pre-work is essential, as it lays the foundation for the content covered on the first day and is included in the total training credit hours. **Completion of this homework is mandatory**—the first session builds directly upon the knowledge gained through this assignment.

REGISTRATION FEE: \$70

- Pre-Payment Required: \$70 fee must be paid at the time of registration with a major credit card.
- All in-person training courses will include coffee and four lunches.

COURSE OBJECTIVES

1. Define behavioral health.
2. Explain the spectrum of mental, emotional, and behavioral interventions.
3. Identify the key characteristics of the public health approach and social health approach and social determinants of health (SDOH).
4. Describe risk and protective factors in multiple contexts and from the developmental perspective.
5. Summarize the Strategic Prevention Framework.
6. Describe how to assess substance misuse problems and related behaviors.
7. Explain how health disparities relate to prevention.
8. Explain how to prioritize a community's problem.
9. Describe the several types of data and data sources.
10. Describe how to assess risk and protective factors that influence (or contribute to) behavioral health problems.
11. Explain how to assess a community's readiness and resources to address its substance misuse problems.
12. Summarize how the ideas of resources and readiness are applied to case study communities.
13. Describe culture and how to apply cultural competence to prevention and promotions.
14. Explain how to prioritize risk and protective factors.
15. Describe the criteria for selecting and implementing high-quality prevention interventions.
16. Explain how a community can use evaluation to enhance prevention practice.
17. Describe the elements of sustainability that will help a community continue to produce positive prevention outcome over time.
18. Summarize and connect the steps in prevention planning.
19. Apply capacity concepts to a community substance misuse case study.
20. Explain how a community can build its capacity to prevent the problems identified in its assessment.
21. Identify methods for engaging key stakeholders to address local community problems.
22. Explaining the community's ability to raise community awareness contributes to increased readiness and capacity building.
23. Define the various levels of involvement and strategies to increase participation.
24. Explain the process for selecting intervention based on effectiveness, conceptual fit, and practical fit.
25. Describe how to implement data-driven decision making.
26. List several types of interventions and describe criteria for selecting an intervention.
27. Apply the five basic steps of the logic model.
28. Describe the relationship between sustainability and achieving outcomes.

PRESENTERS

Sarah Andreotti, CPS

Prevention Specialist

Mid-State Health Network

Ken Dail

Certified Prevention Consultant

Alliance Coordinator

Michigan Youth Cannabis Action and Education Alliance

Gery Shelafoe, CPC-R

UP Prevention Consulting

Lisa Peeples-Hurst, B.A., CPC-R

Certified Prevention Consultant

Public Health Promotion and Prevention

Supervisor

Berrien County Health Department

In person - Day One Agenda

- 8 – 8:30 a.m.** Registration
- 8:30 a.m. – Noon** Welcome, introductions, and background information
- Behavioral Health
 - Spectrum of mental, emotional, and behavioral interventions
 - Prevention within the public health approach
- Noon – 1 p.m.** **Lunch**
- 1 – 4:30 p.m.** Education continues:
- Risk and protective factors.
 - Developmental perspective
 - Introduction to the Strategic Prevention Framework (SPF)

In person - Day Two Agenda

- 8:30 a.m. – Noon** Session two introduction, agenda, and objectives
- Review Key Concepts from day one– Public Health Questions
 - Step one: Assessment
- Noon – 1 p.m.** **Lunch**
- 1 – 4:30 p.m.** Education Continues:
- Step two: Capacity (Assessing)

In person - Day Three Agenda

- 8:30 a.m. – Noon** Session three introduction, agenda, and objectives
- Review Key Concepts from day two- Assessment and Capacity (Assessing)
 - Strategic Prevention Framework
- Noon – 1 p.m.** **Lunch**
- 1 – 4:30 p.m.** Education Continues:
- Step two: Capacity (Building)
 - Cultural Proficiency
 - Step three: Planning

In person - Day Four Agenda

8:30 a.m. – Noon Session four introduction, agenda, and objectives

- Step three: Planning (Continued)
- Step four: Implementation
- Step five: Evaluation

Noon – 1 p.m. **Lunch**

1 – 4:30 p.m. Education Continues:

- Sustainability
- Bringing it all together

Virtual - Day One Agenda

7:50 a.m. Log into the Training on Zoom.

8:00 a.m. – 1 p.m. Welcome, introductions, and background information.

- Behavioral Health
- Spectrum of mental, emotional, and behavioral interventions
- Prevention within the public health approach
- Risk and protective factors
- Developmental perspective
- Introduction to the Strategic Prevention Framework (SPF)
- **Three hours of mandatory homework.**

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- Step one: Assessment
- Step two: Capacity (Assessing)
- **Three hours of mandatory homework**

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- 8 a.m. – 1 p.m.** Session three introduction, agenda, and objectives
- Review Key Concepts from day two- Assessment and Capacity (Assessing)
 - Strategic Prevention Framework
 - Step two: Capacity (Building)
 - Cultural Proficiency
 - Step three: Planning
 - **Three hours of mandatory homework.**

Virtual - Day Four Agenda

- 7:50 a.m.** Log into the Training on Zoom.
- 8 a.m. – 1 p.m.** Session four introduction, agenda, and objectives
- Step three: Planning (Continued)
 - Step four: Implementation
 - Step five: Evaluation
 - Sustainability
 - Bringing it all together

Registration and Overnight Accommodations

Aug.11 – Aug.14 | Okemos, MI

Location: Hampton Inn and Suites, 2200 Hampton Place, Okemos, MI 48864

Presenters: Ken Dail and Lisa Peeples-Hurst

Room Rate: \$98.00 ++ The deadline for this special rate is **July 18**. Parking is complimentary.

Room Block: To make overnight reservations: Call 517-627-0002 and inform the reservations department that you are part of SAPST **2025** or use the link [2025 SAPST Training](#)

Click here to register for Aug. 11- Aug.14 – SAPST

Aug. 19-20 and Aug. 26-27 | VIRTUAL OPTION

Location: Virtual

Presenters: Sarah Andreotti and Gery Shelafoe

Zoom Link: Will be emailed to you 1 week prior to training date.

Click here to register for Aug 19-20 and Aug. 26-27 – SAPST

Continuing Education and Policies

Pre-Payment Required: \$70 Registration fee must be paid at the time of online registration with valid credit card. Checks and purchase orders will not be accepted. Refunds will not be given for registrants who do not participate in the training for which they have registered (“no-shows”).

Cancellation Policy: If you do not cancel and do not attend, you are still responsible for the full registration fee. Substitutions are permitted at any time. Cancellations must be received in writing to jhammond@cmham.org at least 10 business days prior to the training for a full refund less a \$15 administrative fee. If cancellation is received less than 10 business days prior to the training, no refund will be given.

Social Workers: ***For in-person training*** this course qualifies for a maximum of **28 Continuing Education hours**. The Community Mental Health Association is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC 060818. Qualifies as “face-to-face (in-person)” education. ***For virtual training***, this course qualifies for a maximum of **20 Continuing Education “face-to-face (in-person)” hours with 9 Continuing Education “self-study” hours**. The community Mental Health Association is an approved provider with Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC 060818.

Substance Use Disorder Professionals: For ***in-person training*** CMHA is approved by Michigan Certification Board for Addiction Professionals (MCBAP). CMHA maintains the responsibility for the program and content. Substance Use Disorder Professionals participating in this training may receive a maximum of **28 specific contact hours**. ***For virtual training***, this course qualifies for a maximum of **20 specific contact hours with 9 CE hours for “self-study”**. It is important that attendees keep a copy of the training program brochure containing the workshop description.

National Accreditation Rules: National Accreditation rules indicate that if you are over five minutes late or depart early, you forfeit your continuing education hours for the entire training. Please note that this is a national rule that CMHA must enforce, or we could lose our provider status to provide continuing education hours in the future. This rule will be strictly followed.

Certificate Awarded: ***For virtual training***, after confirming that you have fully participated in this training (see Virtual Participation Guidelines), completed the evaluation, your Continuing Education Certificate will be emailed to you within 30 days of the training. ***For in-person training***, turn in your Certificate of Attendance form to CMHA staff at the conclusion of the training. You will turn in the top sheet and retain the bottom sheet to serve as your certificate. No other certificate will be given.

Certificate Issued By: Christina Ward, Director of Education and Training, cward@cmham.org, 517-374-6848

Evaluation/Grievance: There will be an opportunity for each participant to complete an evaluation of the course and the instructor. If you have any issues with the way in which this training was conducted or other problems, you may note that on your evaluation or you may contact CMHA at 517-374-6848 or through our webpage at www.cmham.org for resolution.

Special Needs: Arrangements for special needs will be honored for those written requests received ten business days prior to the training. Clearly state your specific needs for mobility assistance, interpreters, etc. Attempts for on-site requests will be made.

Virtual Training Guidelines (only for Aug. 19-20 and Aug. 26-27, training)

Virtual Participation Guidelines

You are expected to **actively participate** in the virtual training. See below for additional information about virtual training requirements and recommendations:

1. After registering with CMHA, you will receive a confirmation email. At least two days prior to the training, you will receive an email to register in Zoom (required). Once registered in Zoom, you will receive the link to join in the Zoom.
2. It is recommended that you log into the waiting room 5-10 minutes before the training.
3. You must watch the virtual training LIVE to receive credit for the training.
4. Being on camera is **strongly encouraged** to ensure active participation.
5. To verify attendance, unique codes will be provided at the beginning and the end of the training. You will be required to input the code into the evaluation that will be sent after the training.
6. Zoom reports will indicate arrival and departure times (note for continuing education you must be logged into the virtual training within 5 minutes of the start of the training).
7. We do not allow participants to be driving during the training due to [Michigan Distracted Driving Laws](#).
8. If you choose to call in only, you will not qualify for continuing education credits or attendance certificates.
9. Each person must have their own device – you cannot share a device.
10. CMHA staff will attempt to assist with technology problems, but there is no guarantee that they can solve the issue.
11. Each training takes place in Eastern Standard Time.
12. After confirmation that you have fully participated in this training and completed the required exit quiz and evaluation, your continuing education certificate will be emailed to you within 30 days of the training.